

The FOUNTAINVIEW CENTER for ALZHEIMER'S DISEASE

ALZHEIMER'S SPECIAL CARE DISCLOSURE

During the 1994 session of the Georgia General Assembly, Title 31 of the Official Code of Georgia was amended to include a new article (number 7), requiring facilities, programs, or entities advertising specialized care for persons with a probable diagnosis of Alzheimer's disease or related dementia to provide written disclosure of information related to staffing, training, activities, involvement with the family, and program costs among others.

Following is the Special Care Disclosure for The Fountainview Center. The Director of Community Relations will be happy to discuss this further with you and answer any questions. This disclosure should be used as a tool to compare all facilities you are considering for your loved one.

Our Philosophy & Mission Statement

The Fountainview Center for Alzheimer's Disease is the first community in the State of Georgia developed exclusively for individuals with mid- and late-stage Alzheimer's Disease and related disorders.

Fountainview's highest mission is to be the preeminent provider of care for people with Alzheimer's Disease and related disorders by providing an innovative continuum of care in a gentle, family-like environment. We recognize the unique needs of our residents, their circle of family and friends, and our community. We are dedicated to the preservation of dignity, the enhancement of quality of life and the recognition of the individual human spirit.

Admission & Discharge

To be considered for admission, a family member must complete the Inquiry Record (application for admission), and have the prospective resident's physician complete the DMA-6, Level I and History and Physical form to be provided by The Fountainview Center. The prospective resident must also have a TB screening or Chest X-ray completed no more than 30 days before admission.

Once the necessary paperwork is received, the Director of Community Relations will schedule an on-site visit to perform an evaluation. Residents will be selected based upon care needs and availability. Residents are placed on our East, South or West pavilion depending on their level of cognitive function and abilities. Because The Fountainview Center offers this unique continuum of care, people are able to enter our community at any time, and stay with us as the disease progresses.

Within the first 14 days following admission, an individualized plan is created by the Care Plan Staff to ensure that we are providing the proper level of care for every new resident. As a result, discharges are not a common occurrence.

Programs & Services

Fountainview's programs and services have been developed to respond to the progressive nature of Alzheimer's Disease. Care plan meetings are an integral part of the specialized plan of care we provide to each of our residents. A resident's care plan team consists of the Director of Nursing (the Registered Nurse who oversees the resident's pavilion), The Licensed Practical Nurse Manager, the Program Coordinator, the Social Services Director, the Dietary Manager, and family members. Upon admission, the care plan team will conduct the initial family meeting where they will gather detailed information pertaining to the resident's care and preferences. Fourteen days after admission the family is involved in the first care plan meeting where the resident's care plan is tailored more specifically to ensure we are providing proper care. After the initial care plan meeting, care plans are scheduled at least quarterly or if there is a significant change in the resident's status.

Residents are also staged (or evaluated) monthly to determine if they are appropriately placed on their pavilion or if their dementia has progressed enough to warrant a move to the next pavilion and stage of care. The Social Services Director has an informal assessment tool she uses to assess residents on several different variables. She will also gather input from families and staff. Because Fountainview is a staged community, residents will be moved when appropriate and families are always encouraged to be part of this process.

Staffing & Continuing Education

At the heart of our quality care is a loving and compassionate staff of skilled professionals who understand the needs of those with Alzheimer's Disease. The Fountainview Center maintains one of the highest staffing levels in the state, providing 4.38 hours of nursing care per resident per day. Our high staff to resident ratio allows for a higher level of interaction with each resident.

All Fountainview staff receives ongoing education on Alzheimer's Disease and care giving practices. Our Registered Nurses, Licensed Practical Nurses and Certified Nursing Assistants must complete 28 hours of specialized dementia training. All other support staff must complete at least 16 hours. The continuing education curricula meets the Alzheimer's Association's education criteria and the Joint Commission's dementia protocol.

Physical Description

We have combined over five years of research with more than 30 years of experience in geriatric care to produce a warm and thoughtfully planned, homelike environment that encourages freedom of movement and ensures the dignity and comfort of all residents. Close attention to detail is the hallmark of the center's design. Divided into three separate pavilions, our community features a selection of private, semi-private and deluxe suite rooms.

The pavilion design is open and barrier free, so that way-finding elements are prominent. Each pavilion is divided into 4 pod areas where small groups of resident rooms are organized around comfortably furnished sitting areas. Each pod/sitting area has a different wall color and distinct landmark pieces – quilts, furniture, three-dimensional interactive paintings, etc. to make it easier for residents to distinguish their sitting area and room location. Display cases at the entrance of each resident bedroom provide a showcase for treasured personal mementos as well as a “cueing” opportunity to orient residents to their rooms. A continuous wooden pathway around the centralized nurses’ station connects the sitting areas to a number of spaces for activities.

The open floor plan allows for constant, yet unobtrusive supervision, ensuring the resident’s safety and security while permitting the highest degree of personal freedom. Every room in each pavilion is no more than 40 feet from the nurses’ station. Instead of a traditional call light system, monitors are attached to residents’ clothing while they are in bed, which will alert the nurses if the resident tries to get up unassisted. The nurses’ stations also have monitors for all the doors, so caregivers are aware when a resident exits a pavilion to walk in one of the secured courtyards. Each pavilion has a keypad at the main door, permitting only the staff and visitors with knowledge of the code to have free access to leave the unit and enter the unsecured lobby area of the facility. The Fountainview Center also uses the WatchMate system to monitor residents. The resident wears a small sensor on their wrist or ankle that will set off the alarm if the resident enters the unsecured area of the facility unassisted.

Three large, secure courtyards adjoin the three pavilions, with shaded seating and comfortable benches that provide areas to sit and relax while visiting. Residents who are able may walk from pavilion to pavilion and courtyard to courtyard without leaving the secured area of the facility. Each of our beautifully landscaped courtyards has walkways with handrails that lead to bird feeders, fountains, a waterfall, and raised planting beds.

Activities

Rolling dough for fresh baked cookies, folding clothes, planting flowers and vegetables are all familiar pastime activities that create a sense of home. At The Fountainview Center, our therapeutic, leisure and recreational activities are built upon daily routines familiar to the residents. They are designed to provide continuity with previous lifestyles and preferences while supporting present life conditions and interests.

We have activities staff 7 days a week from 6 a.m. to 8 p.m. Each Pavilion has its own Activities Coordinator with several Activities Assistants (or Circle Leaders). In addition,

impromptu activities are provided as needed. An extensive therapeutic activity program will be planned for each individual, based on meeting each resident's individual needs, capabilities, and interests.

Our "Explorers Club" program is specifically designed for our residents who have a decreased attention span and are at a high risk for elopement. The program is 45 minutes a day, 6 days a week and is held apart from other residents in a room and adjoining garden located at the front of the facility. Specifically trained staff members facilitate involvements of up to 6 residents. This program provides a "safe place" for residents "to explore" their surroundings with permission to re-arrange and interact with everyone and everything to their heart's content.

Our Courtyard Café is a special lunchtime dining experience held in the Fountain Room 7 days a week. The Fountain Room overlooks our largest garden and courtyard and is transformed into a Café with the help of colorful tablecloths, floral centerpieces and soft music. Staff members wear aprons and become waitresses and waiters for our residents who enjoy "going out" to lunch and participating in conversation with the option of lingering over a cup of coffee or tea.

Family & Support Programs

At The Fountainview Center, we understand that the impact of Alzheimer's Disease or a related disorder extends beyond the person with the disease. We recognize that families and friends also become victims of the disease. Fountainview strives to provide support and/or monthly education in the form of Family Night where physicians or other experts informally discuss topics that are of interest to families.

The Fountainview Center also provides a variety of social programs and events for residents and their families including our Resident and Family Holiday Party, Our Happy Harvest Thanksgiving celebration, the Sweetheart's Dinner and Spring Celebration. Nursing Home Week in May is kicked off with our annual Mother's Day Brunch and a week's worth of fun follows including activities such as our Staff Talent Show, Ice Cream Social and Resident and Staff Cookout.

Fountainview often welcomes volunteer groups such as Happy Tails, the Humane Society, children's and church groups and various entertainers. Families are always invited to join!

Our bi-monthly newsletter keeps our families up to date with ongoing Alzheimer's research, upcoming speakers for Family Night and scheduled events and activities for the coming month.

Charge Structure

The basic daily rate depends solely on the type of room in which the resident resides – semi-private, deluxe suite and private rooms are available. Rates do not vary depending on

the pavilion on which the resident is placed. The basic daily rate includes room and board, linen and laundry services and all of the resident's care.

Non-routine medical supplies ordered by the physician such as assisting devices, bed rail pads, safety bars and personal hygiene care supplies are not included in the daily rate. Medications, sterile medical supplies and beauty/barber services are also not included in the daily rate.

Physician visits, physical, occupational and speech therapies, X-ray and lab services and oxygen are some services that may be covered under Medicare A or B.